

KC3 Positive Label Program

Cyber Bullying Edition



## Grade/Subject: Grades K-2: Language Arts

State Standard Met: Language Arts writing skills.

## Topic Objective: Cyber bullying solution for replacing the habit of unkind words with kind words.

**Relevance:** This lesson plan supports your school's KC3 Positive Label program in these ways: students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others and students will acquire attitudes, knowledge and skills that contribute to effective learning in school and across the life span. Specifically, this lesson focuses on teaching our youth how to replace the habit of saying, sending, and/or receiving taunting, teasing, and unkind words with the positive habit of saying, sending, and/or receiving kind words, compliments, and positive statements in regards to cyber bullying.

Procedure/Activity: After discussing the effects of negative words, talk about how we can improve the way we talk to others. The teacher and students will write down good habits and behaviors that they would like to see in the classroom or home. The students/teacher/parent will then discuss a small token that can be received for the positive behaviors. A word or hand motion will also be determined.

After the above discussion, the teacher/parent will Instructions: select one behavior to be on the look out for. The behavior will remain a mystery until the end of the day. When the student exhibits the positive behavior, the teacher/parent says the word or hand motion that was determined. Throughout the day, the word or hand motion will be made for every time the positive behavior is preformed. At the end of the day, the teacher/parent will state what the mystery behavior was for the day. The teacher/parent will also discuss the positive behavior that they saw throughout the day. Parents/teachers/students can keep a journal of the behavior of the day and the positive examples that were demonstrated on that day.

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